

HOW CAN YOU HELP?

Youth Scholarships

WDM Human Services promotes opportunities for our young people to increase experiences and skills in order to become productive citizens as they grow into adulthood.

- Your donation to provide a scholarship for a low-income child can make that happen.
- Consider the cost of one week of day camp-\$120-\$160. For a family of 3 making \$19,350 annually, camp is not always a possibility.



Personal Hygiene Donation

Personal hygiene items needed on a regular basis:

- | | |
|---------------------|----------------|
| ■ Shampoo | ■ Toilet Paper |
| ■ Diapers | ■ Deodorant |
| ■ Laundry detergent | ■ Toothpaste |
| ■ Bar soap | |

Holiday Sponsorships

WDM Human Services assists over 400 households in the western suburbs with holiday food and toys for households with children under age 17.

- Local businesses, clubs, and private individuals are encouraged to adopt low-income families to provide holiday food, clothing and toys which brighten what often is a stressful time for struggling families. This program is a perfect way for businesses to provide a more personal sponsorship of families.
- Another sponsorship opportunity is for groups or businesses to make donations of toys or money for the annual Human Services Toyland. The Toyland is available for low-income households with children under the age of 17.

For more information please contact:
Assistant Director, Doris Stoermer at 222-3663.

Cash Donation Guide:

WDM Human Services helps people in emergency or crisis situations. The need is great to help struggling families pay the rising costs of utilities, or rent assistance, possibly day care assistance, prescription cost for elderly as well as food and clothing needs.

Your tax deductible donation will help keep a family in their home and avoid eviction or disconnect. Please consider the following chart as a guide:

- \$25 Provide personal hygiene items for one month
- \$50 Provide food for two people for the holidays
- \$100 Feed 50 people at Eddie Davis CC Free meal
- \$250 Pay a utility bill to prevent disconnection.
- \$500 Provide gasoline vouchers for 33 households
- \$750 Provide rent for a homeless family for one month
- \$1,000 Provide 4 children w/ youth scholarships for 1 yr
- \$10,000 Provide 1 yr housing/utilities to homeless family

Please make all donations payable to:
WDM Human Services

And Mail to :

WDM Human Services
318 5th Street - P.O. Box 65320
West Des Moines, IA 50265-0320

Food Pantry Donation

Non perishable food items donated to the DMARC red barrels at your local grocery store keep our food pantry full!!!

- WDM Human Services is one of six sites in the Greater Des Moines area to provide emergency food to individuals/families in need.
- Our food donations can be made to either DMARC or WDM Human Services to help local needy clients.



Clothing Closet Donations

The Clothing Closet provides free clothing items to eligible households on a limited monthly basis

Good used clothing items- especially for children are always welcome!

West Des Moines Human Services



The Heart of the Community

318 Fifth Street

West Des Moines, IA 50265

515-222-3660

<http://www.wdmhumanservices.com>



Office Hours: 8-4 Monday-Friday

Food Pantry: 9-3 Monday, Tuesday & Thursday; 9-12 Wednesday & Friday

Clothing Closet: 9-3 Monday, Tuesday and Thursday



Live Poverty for a Day

From the relative comfort of middle-class life, it's hard to imagine how each day for poor people can become a struggle to survive. Try this simple exercise.

It's 8 a.m. and you, a single parent of a toddler, have many things to accomplish today. Your annual salary is \$12,000 -- right at the government's poverty threshold for a two-person household. At that salary level, you have about \$33 a day for food, transportation, child care & other bills. Let's see how you do making ends meet.

- You need a new pair of shoes for the job you're going to start tomorrow. You find a great sale at a discount store, **\$10**.
- Don't forget the bus fare, **\$1** -- luckily children ride free.
- You're hungry, and so is your daughter. Where can you eat something that won't wipe you out? A fast food breakfast for two costs **\$3** (you drink water so your daughter can have juice).
- Time to take care of that terrible ear infection that kept your daughter up all night. The clinic charges a **\$5** co-pay for the visit, plus **\$5** for the prescription.
- Who will watch your daughter while you work? You called several day care providers along the route to your new job & found one with an opening. You hop back on the bus to check it out, **\$1**. The woman says you have to pay her for at least the first three days of care, but thankfully that can wait until tomorrow (then you'll need \$35).
- It's two in the afternoon by the time you finish and neither of you has eaten since breakfast. For your last meal of the day, you splurge at the grocery store to buy milk (you can only afford a half-gallon), bread, eggs and some cereal (a less-expensive store brand than the one your daughter picked), **\$5.90**. (Never mind the woman ahead of you in line who has a cart filled with food.) The bus fare home is another **\$1**.
- With only \$1.10 left, you go to bed early; and pray that no costly illnesses or expensive accidents occur tomorrow - so you can afford to live another day.

How well would you do in your town?

Federal 2005 Census/ Poverty Type	Poverty Rate	Millions in Poverty
Total Americans	12.6%	37.0 million
Adults (18-64)	11.1%	20.5 million
Seniors (65+)	10.1%	3.6 million
Children (under 18)	17.6%	12.9 million
Families	9.9%	7.7 million

Family Size	FY2005-06 Poverty Annual Income
Six	\$25,87
Five	\$22,610
Four	\$19,350
Three	\$16,090
Two	\$12,830
One	\$ 9,570

During the Fiscal Year 2005-2006
(Oct 1, 2005-September 30, 2006)

WDM Human Services served over 1563 Households
comprised of over 3,880 individuals

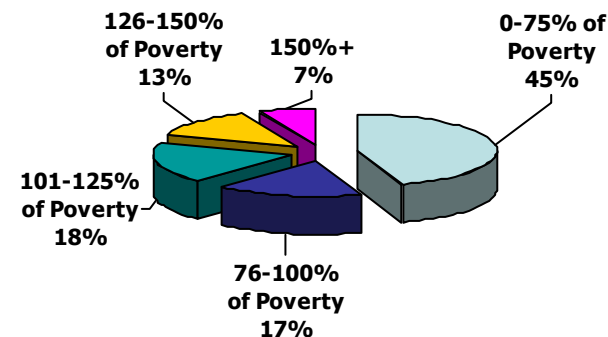
Of these 3,880 Individuals:

- 43% <18 yrs old
- 15% Senior Citizens
- 14% Disabled

Of these 1,563 Households:

- 25% Single Parents
- 39% Employed
- 62% Below Federal Poverty Guidelines
- 64% Rented their Homes

WDM HUMAN SERVICES POVERTY LEVELS OF CLIENTS SERVED FY 2005-2006



FY 2005-2006 FEDERAL GOVERNMENT POVERTY GUIDELINES Individual Persons

% of Poverty Level	Gross Monthly Income
0-75%	\$ 598
76-100%	\$ 797
101-125%	\$ 996
126-150%	\$1,196

Individuals Served By WDM Human Services By Age FY 2005-2006

